# SOLAR ECLIPSE EYE SAFETY AN INTRODUCTION

**B. RALPH CHOU** 

SCHOOL OF OPTOMETRY & VISION SCIENCE UNIVERSITY OF WATERLOO

> AMERICAN ASTRONOMICAL SOCIETY SOLAR ECLIPSE PLANNING WORKSHOP 2021-04+09

## SOLAR RETINOPATHY

- "Retinal burns"
  - Associated with sungazing
    - Galileo
      - first telescopic observations of sunspots
      - poor vision late in life
        - solar retinopathy? (NOT likely!)
    - WWII aircrews
      - retinal burns after missions
    - "Acid heads" of 1970s
      - LSD and sungazing

### SOLAR ECLIPSES AND RETINAL BURNS

- Keightley et al 2000
  - solar eclipse of 11 August 1999
  - 70 cases in United Kingdom
    - recognizable retinal burns
    - all resolved over a period of weeks
  - eye protection
    - 35% sunglasses
    - 15% eclipse "glasses"
    - 50% no protection

### SOLAR ECLIPSE EYE INJURIES

- Painless
  - no pain sensors in retina
- Latent period
  - 12 to 48 h delay of onset of symptoms
  - wavelength dependent
- Visual recovery highly variable
  - depends on exposure conditions
- Optical aids increase severity
  - thermal effects add to photochemical

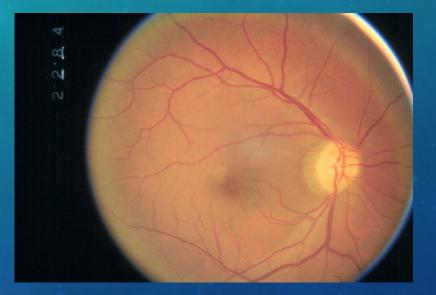
### WHO IS AT RISK

- Everybody!
- Most likely person to be injured
  - Young adult (more likely male)
    - Unaware of, or ignored warnings
    - No or inappropriate protection
    - Reported symptoms next morning

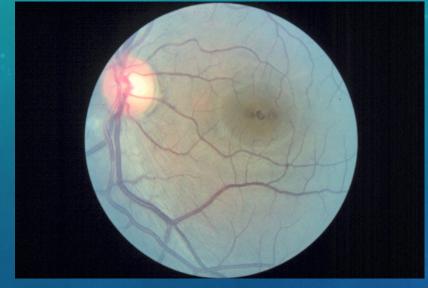
Chou & Krailo 1981

#### PHOTOCHEMICAL INJURY

- short wavelength light (blue)
- threshold 3 W.m<sup>-2</sup>
- usually temporary visual loss
- most common type of injury

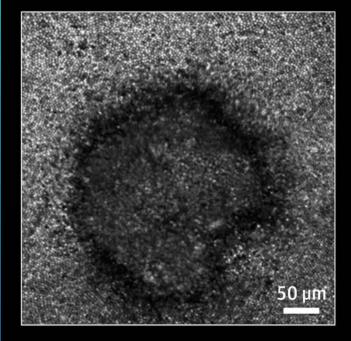


#### THERMAL INJURY



- long wavelength visible, IRA, extended short wavelength visible
- threshold 2.8 X 10<sup>4</sup> W.m<sup>-2</sup>
- permanent injury with visual loss
- more common if optical aid was used

## ECLIPSE RETINOPATHY







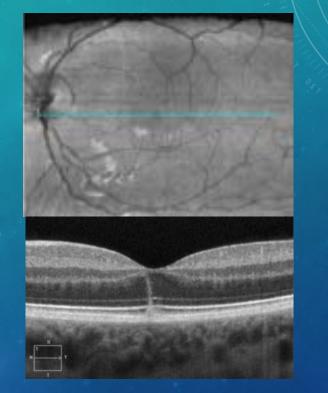
#### Eclipse mag. 0.12, obs. 5%

Wu et al, 2017

## EXAMPLE FROM 2017

#### • 18 y.o. male

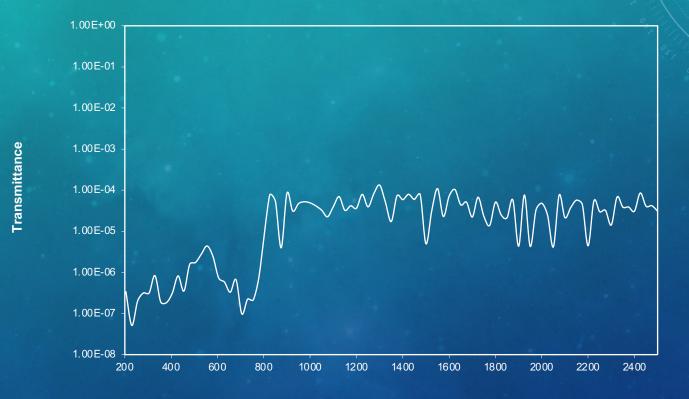
- Viewed PSE without protection several minutes
- Seen next day



### EYE PROTECTION

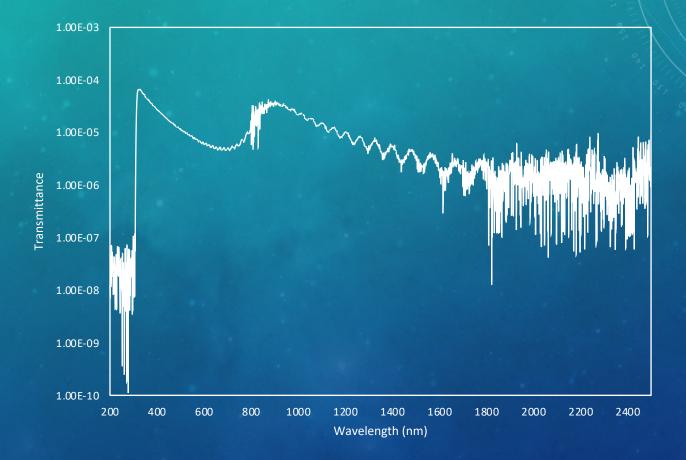
- Needed whenever any part of the solar disk is visible
  - Partial phases of TSE
  - All the time during annular eclipse

### SHADE 14 WELDER'S GLASS

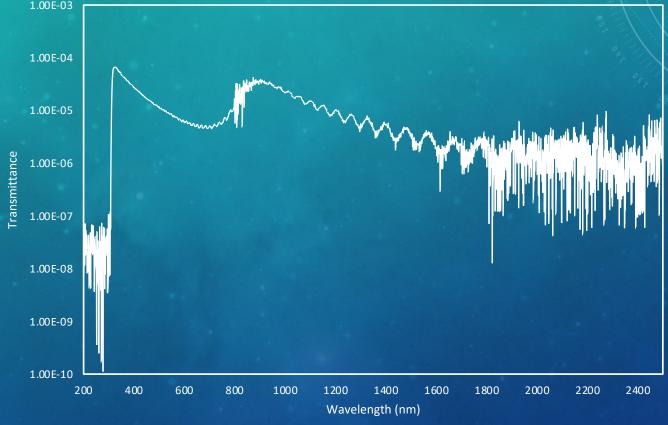


Wavelength (nm)

#### SOLARSKREEN



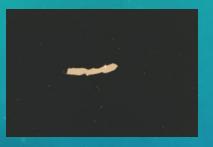
#### BAADER ASTROSOLAR SAFETY FILM



### 1999 SAFETY ISSUE

- Are sputtered metal coatings truly safe?
- Controversy in UK prior to 1999 total solar eclipse
  - "Defects in sputtered coatings are dangerous"
- Several viewers with SolarSkreen lenses found to have bright defects in coatings

### DEFECTS IN VIEWER LENSES



Viewer 3-9 Size 450 X 70 μm





Viewer 5-13 Size 680 μm long 40 - 100 μm wide

Viewer 3-10 Size 450 X 80 μm

## "JELLYFISH" DEFECT

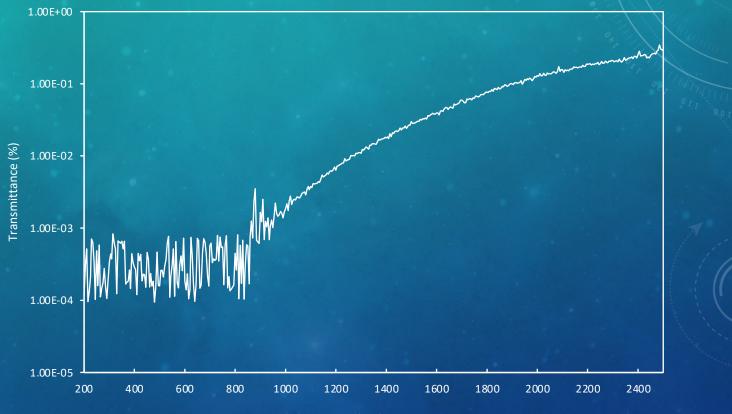


Window defect in one layer of aluminised polyester Size 800 X 1000 µm

#### SAFETY OF "PINHOLES"

- Large defects occur rarely in polyester solar filters
  One of 2 layers of aluminum missing
- Ocular exposure increases if defect centred on pupil
  - Critical exposure time 10<sup>5</sup> times longer than for unprotected eye
- May be a glare source but not hazardous

#### **BLACK POLYMER**



Wavelength (nm)

#### SOLAR FILTER STANDARD

- EN 1836: 2005
  - Developed due to controversy of 1999
- ISO 12312-2: 2015
  - Replaced EN 1836: 2005
  - Confirmed by ISO TC172/SC7 in 2020

• A PPE standard (under EC rules)

#### ISO 12312-2

Eye and face protection – Sunglasses and related eyewear – Part 2: Filters for direct observation of the sun

- Applies ONLY to filters used without optical instruments to observe the Sun directly
- Photographic filters, filters for telescopes and binoculars NOT covered
- Retailers advertising that their products comply

## ISO 12312-2

#### Requirements

- Luminous transmittance
- Material and surface quality
- Mounting
- Dimensions
- Labelling
- Certification to carry ISO logo
  - Accredited test laboratories

#### 2017 AAS CAMPAIGN

- Eye safety flyer
- Specialist package
  - Educators
  - Eye care providers
  - Media

• Included filter compliance with ISO 12312-2

### SO HOW DID THINGS TURN OUT?

- Astronomy, optometry and ophthalmology groups all gave the same advice
- High public awareness of safe viewing practice and equipment
  - Good compliance for the most part...

## A NOTABLE EXCEPTION



#### **REPORTED EYE INJURIES**

Average age 30

25 cases, 35 eyes

Symptoms:

- Blurry vision 19/25
- Metamorphopsia 5/25
- Scotoma 15/25
- No symptoms: 1/25

**Retinal findings:** 

- Yellow lesion in retina 12/35
- Retinal pigment changes 13/35

#### American Society of Retinal Specialists

## REPORTED EYE INJURIES

- Macula Society
  - 10 retinal injuries

- American Optometric Association
  - 13 retinal injuries

#### 48 cases among 350M people!

## FOLLOW-UP STUDY ON FILTERS (CHOU, DAIN, FIENBERG 2021)

Samples

- Filters submitted for AAS endorsement
- Archived filters from BRC collection
- Assessed for compliance with ISO 12312-2

#### RESULTS – 1

- All filters met UV and IR requirements
- Luminous transmittance
  - Ranged from 0.0000083% to 0.00075%
  - SN 16 to 12
- Correlated luminous transmittance with acceptability of solar image

### RESULTS – 2

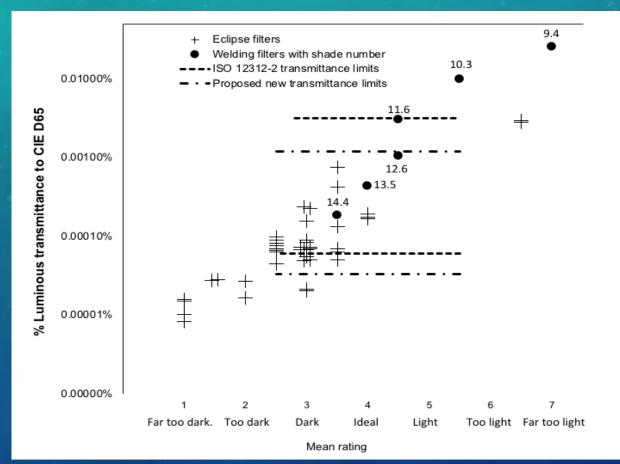
 Most paper "spectacles" met dimension requirements

- Sunglass frames with hard filters failed
- Many eclipse glasses and filters did not have compliant labels

## SOLAR ECLIPSE GLASSES



#### PROPOSED NEW LIMITS



## REVISIONS TO ISO 12312-2

- Luminous transmittance limits
- Dimensions for paper "frames"
- Allowance for handheld viewers and filters in sunglass frames
- Remove "best before date"





#### Bucharest, 1999